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Dear Readers,

When this ends, we'll smile sweetly, finally seeing
In testing times, we became the best of beings.

In Peace and Health, Deb

**Be in touch, and [let us know](#) if there are
other ways we can support the excellent
work that you are doing.**

May we all find sources of peace, health
and love each day.



The Miracle of Morning
Amanda Gorman



I thought I'd awaken to a world in mourning.
Heavy clouds crowding, a society storming.
But there's something different on this golden morning.
Something magical in the sunlight,
wide and warming.

I see a dad with a stroller taking a jog.
Across the street, a bright-eyed girl chases her dog.
A grandma on a porch fingers her rosaries.
She grins as her young neighbor brings her groceries.

While we might feel small, separate, and all alone,
Our people have never been more closely tethered.
The question isn't if we will weather this unknown,
But how we will weather this unknown together.



So on this meaningful morn, we mourn and we mend.
Like light, we can't be broken, even when we bend.

As one we will defeat both despair and disease.
We stand with healthcare heroes and all employees;
With families, libraries, schools, waiters, artists;
Businesses, restaurants, and hospitals hit hardest.
We ignite not in the light, but in lack thereof,
For it is in loss that we truly learn to love.
In this chaos, we will discover clarity.
In suffering, we must find solidarity.

For it's our grief that gives us our gratitude,
shows us how to find hope, if we ever lose it.

So ensure that this ache wasn't endured in vain;
Don't ignore the pain. Give it purpose. Use it.

Read children's books. Dance alone to DJ music.
Know that this distance will make our hearts grow fonder.
From a wave of woes our world will emerge stronger.



We'll observe how the burdens braved by humankind
Are also the moments that make us humans kind.
Let every dawn find us courageous, brought closer,

Heeding the light before the fight is over.

When this ends, we'll smile sweetly, finally seeing
In testing times, we became the best of beings.

Here is Amanda Gorman at the L.A. Central Public Library:

<https://www.facebook.com/watch/?v=175873530195878>

Photo Credits -

1. **A baby horned owl is seen perched in a tree in Cockeysville, Maryland.** [Credit:](#) Julio Cortez / AP
2. **Hospital workers connecting on Valentine's Day in Beijing.** [Credit:](#) Costfoto / Barcroft Media / Getty
3. **Medical team in Tacoma Washington wishing a patient well as he is discharged from the hospital.** [Credit:](#) AFP via Getty



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