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Dear Readers:

The English author Aldous Huxley wrote, “Most human beings have an almost infinite capacity for taking things for granted.” Oh how true.

In Peace and Health, Deb

Be in touch, and [let us know](#) if there are other ways we can support the excellent work that you are doing.

May we all find sources of peace, health and love each day.



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For this holiday of Thanksgiving, I am reminded of the story we often use in CircleTalk™ to introduce the idea of being grateful and never taking anything for granted.



## Your View for a Lifetime

Two men, both seriously ill, occupied the same hospital room. William was allowed to sit up in his bed for an hour each afternoon to help his breathing. His bed was next to the only window in the room.

The other man, Daniel, had to spend all his time prone in the other bed. Day after day, William and Daniel talked for hours on end.

They spoke of their wives and families, their homes, their jobs, their involvement in the military service and where they had been on vacations (to name a few things).

Every afternoon William could sit up and look out the window. He would pass the time by describing to Daniel all the things outside.

Daniel began to crave this time when his world would be broadened and enlivened as William described all the activity and color of the world outside.

The window overlooked a park with a lovely lake.

Ducks and swans played on the water while children sailed their model boats.

Young lovers walked arm in arm amidst flowers of every color.

A fine view of the city skyline off in the distance.

As William described all this in exquisite details, Daniel, on the other side of the room, would close his eyes and imagine these scenes of life outside his hospital bed.

One warm afternoon, William described a parade passing by. Although he could not hear the band, Daniel could see it in his mind's eye as William portrayed it with descriptive words.

One morning William died peacefully in his sleep.

As soon as it seemed appropriate, Daniel asked if he could be moved next to the window. His nurse shrugged as he moved Daniel to his new bed. Propping himself up on one elbow to take a look at the world outside, he faced the wall of another building.

Daniel asked the nurse what could have compelled his deceased roommate to describe such wonderful things outside this window when there was nothing.

The nurse responded that William was blind and could not even see the wall.

**This may be a good story to share at the Thanksgiving table this year. Children, teens and adults can all relate to something in it.**

**You might ask:**

- Tell us about a time when you had a reason to thank someone for something that they did for you or for a way they supported you in life, even if they are not alive now. Who is that person? What would you say now?
  
- Tell us about a time when someone had a reason to thank you for something that you did and you were surprised (or not!). Who would say thank you to you?



We are proud to announce that we have again been selected to partner with [NextFifty Initiative](#) to now bring VIRTUAL CircleTalk™ programs to communities throughout

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As part of this grant, we will bring high engagement programs right into a person's living room. CircleTalk™ programs will connect as many people as possible to each other using virtual platforms (phone and video).

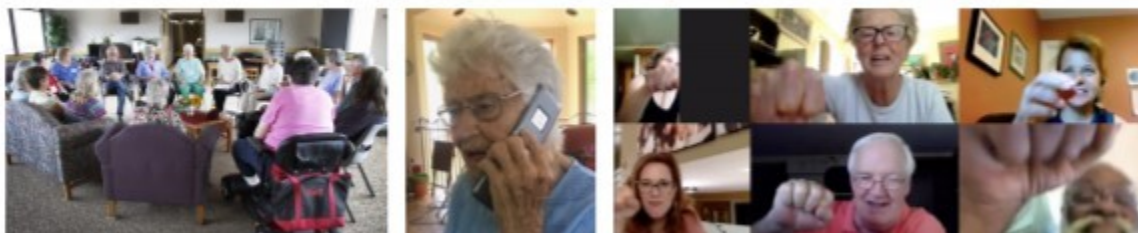
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