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Dear CircleTalk™ Colleague,

As you know, social isolation has been associated with a 50% increase in dementia and a 26% increase in mortality. As we age, connection, belonging, and relationships still matter! Now you can help reverse the social isolation and loneliness trend that contributes to illness by becoming a CircleTalk™ Leader.

Next CircleTalk™ Leadership Online Training Starts March 9

Each week of the 6-module, 4-week training, our Master Trainers will offer you invaluable lessons on how to facilitate your own small Circles through engaging activities, demonstrations, and coaching sessions. It also includes the CircleTalk™ Curriculum which you will use to launch your own CircleTalk™ Circles. Classes are limited to 12 people. For more information and to register [click here](#).



Retooling Workshop Offered February 24th and March 24

If you are already trained as a CircleTalk™ Leader, you'll be delighted to know that we have once again received a [Next50 Initiative](#) grant which will help us provide you with new ways to support the older adults with whom you work. Since May, we've been conducting VIRTUAL CircleTalk™ CIRCLES and have a lot of exciting new tools and techniques to share with you!

Some of the things you'll learn in the Retooling Workshop . . .

- Best ways to set up the conversation in a Circle on a video platform to maximize connection to the group.
- Techniques for translating CircleTalk™ activities to virtual activities.

- Strategies for effectively facilitating video conversations and tracking participation.

For more information and to sign up for the Retooling Workshop contact fawnda@circletalk.org.

Open Office Hours for CircleTalk™ Leaders

Starting in April, we will have monthly “Open Office Hours” for our community of trained CircleTalk™ Leaders to join, hear from each other, and get updated on new ways to hold Circles. Contact Fawnda@circletalk.org for the date, time and link.

Please get in touch and let us know if there are other ways in which we can support the excellent work that you do. May we all find sources of peace, health and love each day.

In Peace and Health,
Deb



Proud recipient of a NextFifty Initiative grant.





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